Sad Songs for a Merry Season ~ Maureen Pollard

Produced by David Joyce at Treblecock Studio Cover Art: Maureen Pollard Cover Design: Angela C. Johnson Photo of Maureen: Nicole Turk

Musicians:

Maureen Pollard: lead vocals Katie Layne: guitars

Too Soon to Say Goodbye
I Know You Had to Go
I Will Live to Honour You
Under the Winter Moon
Tragically Unfair
All I Really Need
Fortune Don't Be Late

With heartfelt gratitude to:

The many brave, broken-hearted souls who find the courage to come to therapy to talk about how very hard it is to adjust to life without their loved one in every season.

Katie Layne, intern at Treblecock Studio, for laying down the brilliant guitar tracks, and for digging into the process of recording my vocals on this, her first full project.

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Sad Songs for a Merry Season ~ Lyrics and Liner Notes

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Too Soon to Say Goodbye

(Maureen Pollard with Doris Folkens)

Sometimes the body is giving out before the mind and spirit are ready and the willing for departure. As the end looms, it can feel much too soon to say goodbye.

There are summer days when the sun shines high in the sky And the sky's so blue that it brings a tear to my eye Sparrows are singing, the old stone church bell's ringing And it feels too soon to say goodbye

When the wind is high, I feel like I could fly Like a golden eagle with its wings stretched wide There are sights I wanted to see and things I wanted to be And it feels too soon to say goodbye

Take my hand and sit with me a while
Tell me stories and let me see your smile
As we sing and play won't you remember me this way
When it's time for me to say goodbye

Hold me now like you'll never let me go
But when the time comes, promise you'll let me go
It's been a good life, but I cannot deny
That it feels too soon to say goodbye.
It will always feel too soon to say goodbye
It will always be too soon to say goodbye

I Know You Had to Go

(Maureen Pollard with David Joyce)

Sometimes we can see the end coming, and sometimes it arrives surprisingly swiftly, whether we want it or not.

In the spring of the year when our love was in full bloom Came the sudden warning of impending doom Stumbling over your words as you tried to talk Stumbling over your feet when you tried to walk out of the blue

By the middle of the summer, I was already missing you Knowing you'd be gone by autumn & there was nothing I could do Doctors doing their damndest to keep you here And me doing my damndest not to shed a tear in front of you.

I know you had to go, but I'm gonna miss you so I know you had to go, but I'm gonna miss you so All the days I have to live without you.

So, I don't want the holidays to come around this year There'll be no joy at Christmas, only pain and fear As we grasp at the memories of better times But the memory of you leaving us is top of mind all the time

I know you had to go, but I'm gonna miss you so I know you had to go, but I'm gonna miss you so All the days I have to live without you

I wish I didn't have to live without you

Don't know how I'm gonna live without you

I Will Live to Honour You

(Maureen Pollard)

Whenever death arrives it changes everything, but when it arrives just as we're supposed to be celebrating the merriest season, it can add a layer of pain to the grief.

There are presents that won't be opened And a stocking that won't be filled You won't be home for Christmas So many dreams left unfulfilled

I can't believe what's happened It'll never make any sense I can hardly catch my breath now The pain of grief is so intense

The moment that you died It's like a part of me died, too I don't know how to go on I'm not sure how to get through

So, I'm going through the motions Doing things that must be done And every morning when I wake up I remember again that you're gone

The moment that you died It's like a part of me died, too I don't know how to go on I'm not sure how to get through

You were far too young, it shouldn't be this way Your song had just begun, I wish you could have stayed

The moment that you died It's like a part of me died, too I don't know how to go on I'm not sure what to do

I will find a way to go on I will live to honour you.

Under the Winter Moon

(Maureen Pollard)

The places where we love become the places where we grieve, because grief is love.

Full moon rising tonight The path revealed by its light Breath, like smoke on the air My heartbeat a silent prayer

Snow, soft and deep At the place where we used to meet I raise my gaze to the sky A lone owl cries

You were gone too soon
And I mourn you under the winter moon

I come here again and again
In the snow and the sun and the rain
To think about you for a while
I miss your smile

You were gone too soon
And I mourn you under the winter moon

You were gone too soon
And I miss you under the winter moon

Tragically Unfair

(Maureen Pollard)

This one's personal. Sometimes a song seems like the only way to bear the weight of tragedy.

A new year begins with a new dawn breaking So why do I feel such a heavy load

I contemplate my sins and the ones I have forsaken As I've travelled down the road

I am painfully aware that this life is tragically unfair

Senseless loss of life tender hearts aching Left behind to wonder why

It cuts like a knife the survivors are shaken So, I wonder why I don't cry

I am painfully aware that this life is tragically unfair

Another good one gone How do I carry on When I am painfully aware that this life is tragically unfair

All I Really Need

(Maureen Pollard)

I do not enjoy the holidays anymore. I do, however, enjoy a lounge chair on a beach, with a stack of books to read and a cold drink within reach.

I'm gonna buy me a ticket on an airplane Next year I'm out of here I do not enjoy the holidays They do not bring me cheer

I'm gonna quit overspending On things no one wants or needs No frantic cleaning and cooking No more indoor trees

Give me a lounge chair on a beach A stack of books to read A cold drink within reach That's all I really need

Now if your festive traditions Bring you hope and cheer Please do continue I don't wanna interfere

Give me a lounge chair on a beach A stack of books to read A cold drink within reach That's all I really need

We can do things differently; there's no need to conform Keep your customs your way and mine I will reform

With a lounge chair on a beach A stack of books to read A cold drink within reach That's all I really need Do you wanna go with me?

Fortune Don't Be Late

(Maureen Pollard)

May this song bring a note of hope that the new year brings everyone a bit of good fortune.

As the year comes to an end We gather with our friends Raise a glass to the past And hope new friendships last

The year ahead looks good If all goes as it should With good health and good cheer The future draws near

Fortune don't be late I just can't wait Better days are what I anticipate

It does not good to dwell On what didn't go so well You can leave it all behind That's not how you are defined

Fortune don't be late I just can't wait Better days are what I anticipate

Let the past go and bring on tomorrow

Fortune don't be late I just can't wait Better days are what I anticipate